

Dear Parents and Families.

I am writing with regard to updated advice from the Director of Public Health and Milton Keynes Council for parents regarding COVID.

I attach a document showing a flowchart which we have been asked to circulate – ‘COVID 19 Guidance for Parents/Carers in MK Education settings’.

The document contains a lot of information on one page so I will summarise the key parts.

**(1) A suspected case – if a young person has symptoms.**

Symptoms can include a cough, loss of smell, upset stomach, headache, sore throat or tiredness.

**Action - Get the child a PCR test as soon as possible.**

You can book PCR tests here - [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](#) or phone 119.

Keep the young person with symptoms at home until they get their result.

The rest of the household does not need to isolate if they are under 18 years and 6 months or are double vaccinated.

If the above does not apply, those household contacts must isolate until the PCR result.

**Action – Local MK guidance says that children in Year 3 or above who are household contacts who do not have to self-isolate should do a lateral flow test (LFT) every day for 7 days.**

You can order LFT tests here [Regular rapid lateral flow coronavirus \(COVID-19\) tests - NHS \(www.nhs.uk\)](#)

If the result is negative, there is no need to self isolate.

**(2) A Confirmed positive case confirmed following a positive PCR test.**

If your child has a positive PCR test, please inform the school as soon as possible.

The child will have to self-isolate for 10 days after the day the symptoms began (or 10 days after the date of the test if there were no symptoms).

The rest of the household does not need to isolate if they are under 18 years and 6 months or are double vaccinated.

**Action – All household contacts of a positive case should book a PCR test.**

You can book PCR tests here - [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](#) or phone 119.

**Action – Local MK guidance says that children in Year 3 or above who are household contacts who do not have to self-isolate should do a lateral flow test (LFT) every day for 7 days.**

You can order LFT tests here [Regular rapid lateral flow coronavirus \(COVID-19\) tests - NHS \(www.nhs.uk\)](#)

**(3) A Confirmed positive case confirmed following a positive LFT test.**

If your child has a positive LFT test, please inform the school as soon as possible.

**Action – Take a PCR test within two days of the positive LFT result.**

You can book PCR tests here - [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](#) or phone 119.

The young person and close contacts as above should isolate until the PCR test result is received.

If the PCR test result is positive, follow the steps at 2 above.

If the PCR test is negative, the young person and contacts can stop self-isolation and return to school etc.

Kind regards,

*Mr O'Malley*