

## St Monica's RSE Long Term Plan

Year Group	Advent Term Theme 1 Created and Loved by God		Lent Term Theme 2 Created to love others		Pentecost Term Theme 3 Created to live in community (local, national and global) <b>A Journey to Love</b>	
Year 4	1	2	3	4	5	6
	<b><u>Education in virtue</u></b>	<b><u>Me, my body and my health</u></b>	<b><u>Education in virtue</u></b>	<b><u>Personal Relationships</u></b>	<b><u>Education in virtue</u></b>	<b><u>Living in the wider world</u></b>
	Grateful to others and to God.  Discerning in their decision making.	Strategies to develop self-confidence and self-esteem.	Compassionate, able to empathise with the suffering of others and the generosity to help others in trouble.  Forgiving, developing the skills to allow reconciliation in relationships.	An awareness of bullying (including cyber-bullying) and how to respond.  About changes that can happen in life e.g. loss, separation, divorce and bereavement and the emotions that can accompany these changes.	Prophetic in their ability to identify injustice and speak out against it locally, nationally and globally.	
<u>Cross curricular links</u>	RE	Statements to live by	RE PSHE	E safety PSHE	RE	
	<b><u>Religious understanding of the human person: loving myself</u></b>	<b><u>Emotional well-being and attitudes</u></b>	<b><u>Religious understanding of human relationships: loving others</u></b>	<b><u>Keeping Safe and people who can help me</u></b>	<b><u>Religious understanding of human communities</u></b>	
	We are children of God with an innate dignity.  Life is precious and their body is God's gift to them.	To extend their vocabulary and deepen their understanding of the range and intensity of their feelings.  What positivity and negativity affects their physical, emotional		That not all images, language and behaviour are appropriate  To judge what kind of physical contact is acceptable or unacceptable and how	The Church is the body of Christ.	

		and mental health (including the media)  To recognise how images in the media do not always reflect reality and can affect how people feel about themselves.		to respond.		
Cross Curricular links	RE PSHE	Computing PSHE		PSHE	RE	
		<b><u>Life cycles and fertility</u></b>				
Cross Curricular links						