



Parent Session

**Ten:Ten**  
Resources

# Programme STRUCTURE

- EYFS
- Key Stage One
- Lower Key Stage Two
- Upper Key Stage Two

## Module 1 Created and Loved by God



### Units:

- Religious Understanding
- Me, My Body, My Health
- Emotional Well-being
- Life cycles

## Module 2 Created to Love Others



### Units:

- Religious Understanding
- Personal Relationships
- Life Online
- Keeping Safe



## Module 3 Created to Live in Community



### Units:

- Religious Understanding
- Living in the Wider World

# Module I: Created and Loved by GOD



**Module One: Created and Loved by God** explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.



# Module I: Created and Loved by GOD

**Story Sessions:** Each learning stage focuses on a different Gospel story, which is repeated in various ways over the week, giving rise to times of discussion, imaginative reflection and creative response, for example, in Key Stage One children will hear and reflect on the story of Jesus telling the little children to come to Him and through imaginative reflection will put themselves into the story to experience Jesus' call personally. In Upper Key Stage Two, the story is that of Jesus calming the storm, and is used to reflect on how whatever might come their way through puberty and beyond, Jesus is with them and will help them.



# Module I: Created and Loved by GOD

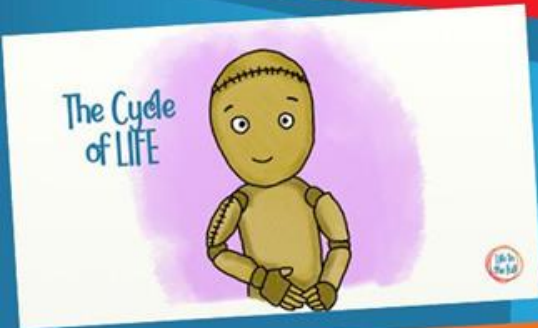
## Early Years Foundation Stage:

- Our uniqueness in real terms
- Celebrating difference and individual gifts, talents and abilities
- Looking after and using our bodies (including vocabulary around this topic)
- The necessity of when and how to say sorry in relationships
- A basic exploration of Jesus's forgiveness and growing up as God's plan for us





# Module 1: Created and Loved by GOD



## Key Stage One:

- We are uniquely made by a loving God;
- We have differences and similarities;
- Key information about staying physically healthy;
- Understanding feelings and emotions, including strong feelings such as anger;
- The cycle of life from birth to old age.

# Module I: Created and Loved by GOD

## Lower Key Stage Two:

- Understanding differences;
- Respecting our bodies;
- Puberty and changing bodies;
- Strategies to support emotional wellbeing including practicing thankfulness;
- The development of pupils' understanding of life before birth.





### Year 4 Only

Changing bodies part 1 video 1 for girls and boys

<https://www.tentenresources.co.uk/videos/aj-presents-changing-bodies-part-one/>

### Year 4 Girls' Puberty Session

<https://www.tentenresources.co.uk/videos/aj-presents-changing-bodies-part-three/>



# Module I: Created and Loved by GOD

Making BABIES



Peculiar FEELINGS



Menstruation



Gifts and TALENTS



Spots AND Sleep



## Upper Key Stage Two:

- Appreciation of physical and emotional differences;
- A more complex understanding of physical changes in girl and boys bodies;
- Body image;
- Strong emotional feelings;
- The impact of the internet and social media on emotional well-being;
- A more nuanced and scientific understanding of life in the womb and how babies are made;
- Menstruation.



# Module 1: Created and Loved by GOD

**Paradise Street** is an original drama series for Upper Key Stage Two which follows the story of 4 friends – Finn, Leyla, Marcus and Siobhan – who have different personal and social experiences related to growing up and puberty. Each episode lasts about 10 minutes and is followed by a time of teacher-led discussion with the pupils. Each session also includes an episode of “**Delving Deeper into Paradise Street**” in which two fun presenters explore the issues in the drama and provide some teaching for pupils (which also acts as guidance and support for teachers). Each concludes with a time of personal writing in a **Module 1 Workbook** which will help the pupils to digest and personalise the teaching.





Year 5 and 6

(Girls' Bodies – Delving Deeper)

<https://www.tentenresources.co.uk/videos/delving-deeper-into-episode-2/>

Boys' Bodies – Delving Deeper into Episode 3)

<https://www.tentenresources.co.uk/videos/delving-deeper-into-episode-3/>

Making Babies – Part 1

<https://www.tentenresources.co.uk/videos/delving-deeper-into-episode-9/>


Making Babies – Part 2

<https://www.tentenresources.co.uk/videos/delving-deeper-into-episode-10/>

Menstruation

<https://www.tentenresources.co.uk/videos/delving-deeper-into-episode-11/>

# Module 2: Created to Love OTHERS



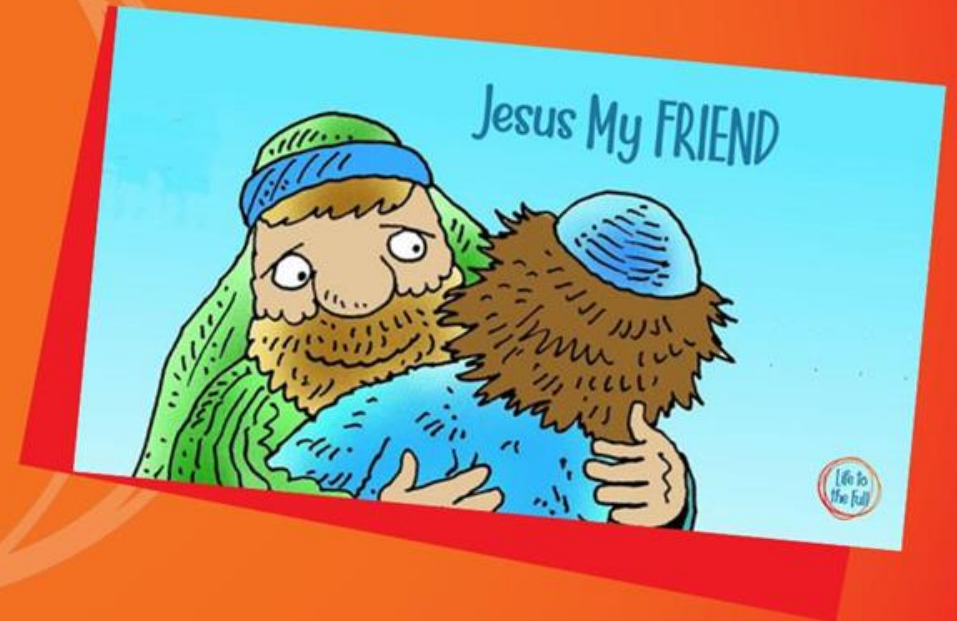
**Module Two: Created to Love Others** explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this Module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives.



# Module 2: Created to Love OTHERS

## Gospel Stories

At the start of each learning stage, we begin with a series of story sessions based on a key Gospel story which provides the religious foundation for the teaching that will follow. For example, through an imaginative retelling of the Prodigal Son, children deepen their understanding of the concept of sin and the importance of forgiveness in relationships.





# Module 2: Created to Love OTHERS

## Early Years Foundation Stage:

### Unit 2: Personal Relationships

- Vocabulary to identify different family/friend relationships
- The features of positive/negative behaviour in relationships
- The importance of resolving conflict and asking for forgiveness where necessary

### Unit 3: Life Online

- Introducing the internet
- Recognising both positives and negatives of internet use
- Learning some basic rules to help them stay safe online.

### Unit 4: Keeping Safe

- Practical ways to stay safe inside and out
- Staying safe around medicines
- People who help us in emergencies





# Module 2: Created to Love OTHERS



## Key Stage One:

### Unit 2: Personal Relationships

- Special people in their lives who they love and can trust
- Coping with various social situations and dilemmas
- The importance of saying sorry and forgiveness within relationships

### Unit 3: Life Online

- Learn to recognise safe and unsafe situations online
- Develop an understanding that not everything presented to them online is true

### Unit 4: Keeping Safe

- The risks of being online (incorporating 'Smartie the Penguin' from Childnet)
- The difference between good and bad secrets
- Teaching on physical boundaries (incorporating the PANTS resource from the NSPCC)



# Module 2: Created to Love OTHERS

## Lower Key Stage Two:

### Unit 2: Personal Relationships

- Children to develop a more complex appreciation of different family structures
- Activities and strategies to help them develop healthy relationships with family and friends
- Techniques for managing thoughts, feelings and actions

### Unit 3: Life Online

- Incorporates some NSPCC resources around online safety
- Thinking critically about the content we encounter in the digital world, including in the media
- How to report and get help if children encounter inappropriate messages or material

### Unit 4: Keeping Safe

- Teaching on bullying and abuse through a series of animated stories
- Children learn in greater depth about the effects of drugs, alcohol and tobacco and how to make good choices concerning these as they get older





# Module 2: Created to Love OTHERS

## Upper Key Stage Two:

### Unit 2: Personal Relationships

- Equip children with strategies for more complex experiences of relationships and conflict
- Identify and understand how to respond to spoken and unspoken pressure
- The concept of consent
- Further teaching on how our thoughts and feelings have an impact on how we act
- The concept of fairness is introduced, where pupils will consider what bullying, prejudice and discrimination are.

### Unit 3: Life Online

- Risks of sharing and chatting online
- Equipping children to make safe and sensible decisions about what online content they should/shouldn't share

### Unit 4: Keeping Safe

- A more complex understanding of different forms of abuse
- How drugs, alcohol and tobacco can negatively affect people's lifestyles and the body's natural functioning






Year 6 Only

The Law around Protected Characteristics

<https://www.tentenresources.co.uk/videos/imagine-a-world/>



# Module 3: Created to Live in COMMUNITY



**Module Three: Created to Live in Community** explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

# Module 3: Created to Live in COMMUNITY



The Communities we LIVE in



WHO is my Neighbour?



Community



## Unit 1: 'Religious Understanding'


At every key stage children will learn that just like the Holy Trinity of God we are called to live and love in community. We are called to love God and love others.

## Unit 2: 'Living in the Wider World'

At every key stage, the religious understanding from Unit 1 is applied to real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.



# Online PARENT Portal

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- Further information
  - Activities for home learning
  - Links to family prayers

[www.tentenresources.co.uk/parent-portal](http://www.tentenresources.co.uk/parent-portal)

# How can I help my child?

- By accessing the parent portal so that you know what they will be taught across the school year
- By talking with your child at home
- By discussing their work with them
- By listening to any concerns
- By reassuring your child that you are there if they need to talk about anything at all



**Parents do not have the right to withdraw children from Relationships Education. Parents do have the right to withdraw children from any or all parts of the school's sex education programme other than those which are required by the National Curriculum Science Orders, such as learning about body parts and puberty.**

**All our work is in keeping with the teaching of the Catholic Church and complies with the Catholic Education Service Model Curriculum but it is understood that a small number of parents may wish to withdraw their children. In such cases, they should write to the Headteacher stating their objections.**

Please contact us by email if you have any further questions

[natalie.Shanahan@st-monicas.co.uk](mailto:natalie.Shanahan@st-monicas.co.uk)







Glory Be

to the Father  
and to the Son

and to the Holy Spirit.

As it was in the beginning is now,  
and ever shall be, world without end.

Amen

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Model Catholic RSE Curriculum – the Catholic Education Service

